

Pathway for Sport at Key Stage 4 at St Martins School

Mr J Powell



The following information explains the pathway for students that wish to study Sport at KS4 Level. We offer two courses in year 10 (2 hours per week) and year 11 (3 hours per week):

- GCSE Physical Education (1-9) AQA. (In option A block)
- BTEC Sport Tech Award Level 1 and 2. (Available to those not studying a language)

Your child will have their two hours of practical PE per week built into their timetable as well as BTEC Sport or GCSE PE.

GCSE PE (1-9) AQA

What will I learn?

The six units of work are:

- Applied anatomy and physiology- paper 1
- Movement analysis- paper 1
- Physical training- paper 1
- Sports psychology- paper 2
- Socio-cultural influences- paper 2
- Health, fitness and well-being- paper 2

What skills will I develop?

We work closely with the Personal Learning and Thinking Skills (PLTS) framework therefore will help and support your child to become Independent enquirers, Creative thinkers, Reflective learners, team workers, self-managers and effective participators.

How I am assessed?

- **Two exams** which are both 1 hour and 15 minutes in duration and each paper is out of 78 marks.

These exams assess the student's knowledge and understanding of the six units of work- this is 60% of the entire course.

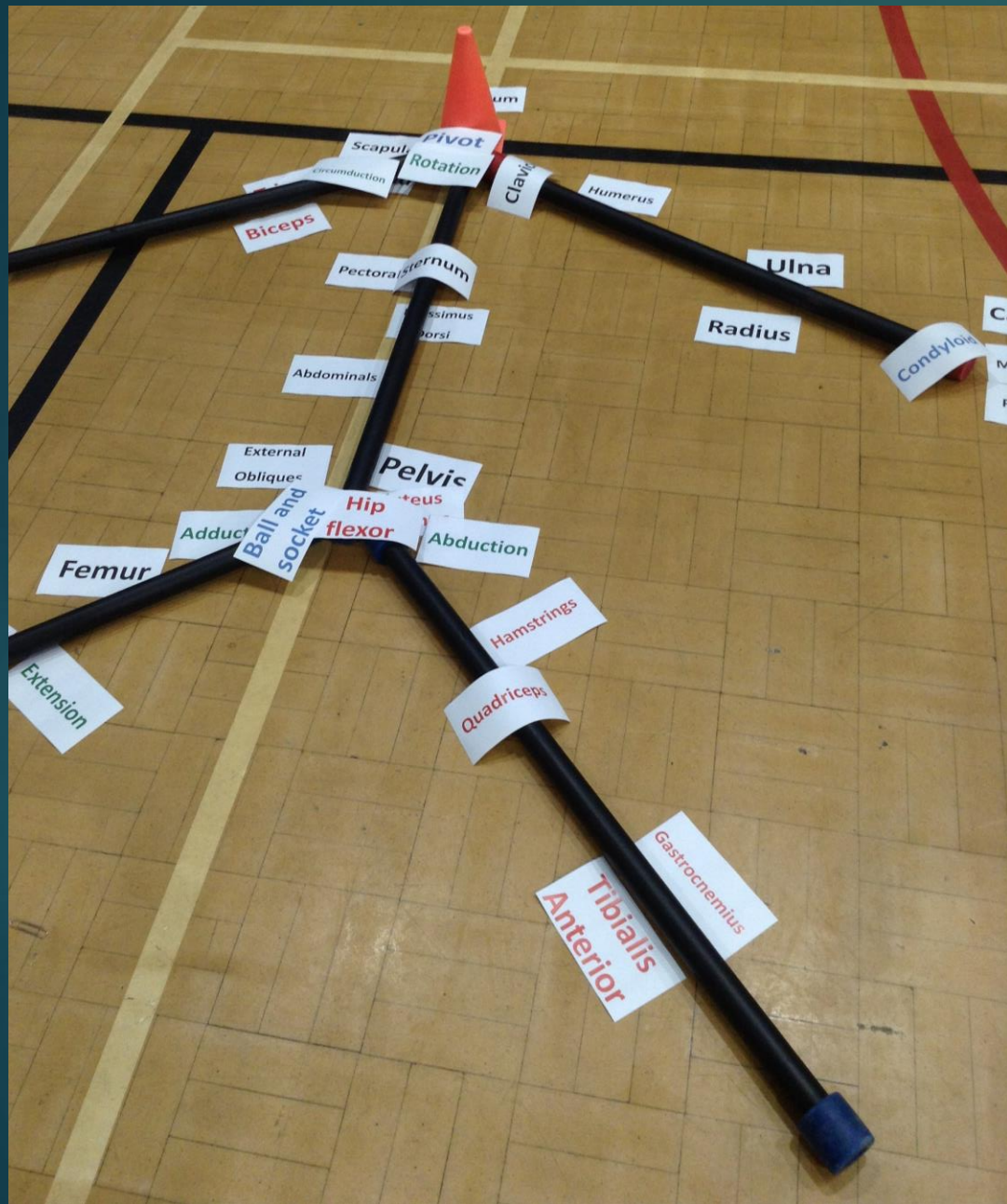
- **One practical assessment**

Students will select three sports for a set list from AQA exam board and will be assessed by myself and moderated by AQA.

- 1 team sport
- 1 individual sport
- 1 team or individual sport

This is 40% of the course.

Further information: [AQA | Physical Education | GCSE | Physical Education](#)
[GCSE Physical Education - AQA - BBC Bitesize](#)



BTEC Tech Award Level 1/2 in Sport

What will I learn?

The three units of work are:

- Preparing Participants to Take Part in Sport and Physical Activity
- Taking Part and Improving Other Participants Sporting Performance
- Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

What skills will I develop?

We work closely with the Personal Learning and Thinking Skills (PLTS) framework therefore will help and support your child to become Independent enquirers, Creative thinkers, Reflective learners, team workers, self-managers and effective participators.

How I am assessed?

- Students will learn the content of the course in lessons and then complete a number of assignments (coursework) for each unit.
- Students must keep to a deadline to complete work.

How can the GCSE/BTEC Course help me in the future:

Both courses develop the learner to enter a number of different roles and opportunities in Sport:

- | | |
|--------------------------|--------------------|
| - PE teaching | - Sport Psychology |
| - Sports coaching | - Sport Nutrition |
| - Sport leisure industry | - Sport Management |
| - Sport Physiotherapy | - Sport and Media |

Further information: [Sport \(2022\)](#) | [BTEC Tech Award](#) | [Pearson qualifications](#)