

Early Help at St Martins School

At St Martins School, we work in close in partnership with parents/carers to support all of our children in both their academic progress and their wider needs within pastoral care and social/emotional support.

We have a dedicated Student Support Services team, which works in tandem with the SENDCo in order to holistically understand the needs of every child in our care.

The Student Support Services team offers advice and signposts students and parents/carers to a range of support covering every aspect of school and homelife.

We also provide support to students through school counsellors, Smashlife Mentoring, our Teenage Health Advisor and SPECTRA. We liaise closely with a broad range of other professionals and services to access bespoke support when a need is identified.

The following pages provide specific information and support across a range of areas, with links to useful websites and guidance. If you cannot find what you are looking for, please do not hesitate to contact us for further advice.

Your first point of contact as a parent/carer will be your child's form tutor, who can then signpost you to the most appropriate member of staff. You can reach your child's tutor at reception@stm.318education.co.uk

[Please click here to view our SEND Policy and SEND Information Report](#)

Universal Offer

- The House System
- Form Tutor daily checks
- Student Support Services drop in
- School nurse drop in
- Monthly parent/carer coffee morning drop in
- The Well-Being Hub
- Support via Wilko, our school dog

Signposted Services available to all

- **CEOP:** www.ceop.police.uk
- **Internet matters:** www.internetmatters.org
- **Childline:** www.childline.org.uk
- **NSPCC:** www.nspcc.org.uk
- **Shout:** giveusashout.org
- **Kooth for young people:** www.kooth.com
- **Kooth for families:** www.connect.kooth.com/for-families
- **Stem 4:** www.stem4.org.uk
- **Health for Teens:** www.healthforteens.co.uk
- **Mind:** www.mind.org.uk
- **Samaritans:** www.samaritans.org

- **With You:** www.wearewithyou.org.uk
- **Beat:** www.beateatingdisorders.org.uk
- **Alumina:** www.selfharm.co.uk
- **Anxiety Recovery:** www.anxietyrecovery.co.uk
- **Family Lives:** familylives.org.uk
- **Shropshire Early Help :** www.next.shropshire.gov.uk/early-help or call **0345 678 9021**.
- **Shropshire Parenting Help and Support line :** www.next.shropshire.gov.uk/early-help email parenting.team@shropshire.gov.uk or call **01743 250950**

Targeted Offer (Early Help Offer)

- TLC card for support from SSS at point of need
- Drawing and talking
- ELSA – emotional literacy
- Courtyard timetabled support (SEN)
- Bereavement Support
- School nurse
- Smash Life
- Social Prescribing(until July 2025)
- We Are With You
- Young Carers
- Educational Psychologist

Specialist Provision (Targeted Early Help)

- REACH - Alternative provision **ReachForInclusion**
- Branch
- Trees
- Young carers
- Purple Leaf
- WithYou
- Targeted Early Help worker
- Integrated Practitioner Panels
- **Kooth** is a web based confidential support service, providing a safe and secure means of accessing mental health and wellbeing support designed specifically for young people. Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor.
- Early Help **Childrens Threshold Document.pdf**

- **SSCP Shropshire Safeguarding Community Partnership**
- BeeU – Mental Health Service
- **FPOC** 0345 678 9021 First Point of Contact, DSL will call FPOC when a concern is significant
- MARF - Multi Agency Referral Form – DSL will complete this to elevate concerns to compass, MARF always completed following FPOC call
- Social Prescribing – external service from the NHS. An advisor comes into school and has 1 to 1 appointment to support and guide students in making changes to their lives outside school.
- Smash Life – Mentoring from Matt Smith aimed to empower young people.
- Police 101 report illegal activity (DSL) 999 call when there is risk of significant harm or risk to life
- Brook – sexual behaviours in young people tool - **Using the Brook Traffic Light Tool**
- ISVA Independent Sexual Violence Adviser
- Climb
- Youth engagement – with PC LeClare
- EWO
- Resolve – Counselling service for young people affected by Domestic violence
- Time for you – Advice session with an EP
- MHST trailblazers- mental health support for young people