



Ms Sue Lovecy, Head of School

15<sup>th</sup> June 2022

**Year 2 & 3 Well Being PSHE Programme**

Dear Parents and Carers,

As part of our Well Being PSHE topics this term, we will be covering the following areas:

Year 2:

- how we grow and change; both physically and emotionally
- learning about their own and others' bodies (using scientific names for male and female parts)
- gender stereotypes and different types of families
- learning about respecting their own and others' bodies
- keeping their bodies safe and sharing their feelings in response to life experiences.

Year 3:

- Human reproduction and birth as part of the human life cycle
- Changes in boys during puberty
- Changes in girls during puberty
- Changing emotions
- Relationships and families
- Identify someone they could talk to about their changing body should they need to.

If you have any questions or concerns, please speak to your child's class teacher.

Yours sincerely,

Mrs C. Jones  
Deputy Headteacher

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