



Ms Sue Lovecy, Head of School

24 June 2025

Growing Up PSHE Programme

Dear Parents and Carers,

As part of our Year 6 Growing Up PSHE topic, we will be covering the following areas:

- naming physical changes young people will experience during puberty
- appreciate that there is no such thing as a perfect body
- list things that all loving relationships have in common
- explain what a sexual relationship is
- explain how babies are conceived and how they are born
- identify someone they could talk to about their changing body, should they need to.

If you have any questions or concerns, please refer to our RSE Policy on the website or alternatively, please speak to your child's class teacher.

Yours sincerely,

Mrs C. Jones
Deputy Headteacher

ST MARTINS SCHOOL

Moors Bank
St Martins
SY10 7BD
01691 776500
reception@stmartins3-16.org